

# Muktinath Pilgrimage Tour (7 Days)

## Overview

- **Country:** Nepal
- **Duration:** 7 Days
- **Trip Grade:** Easy
- **Maximum Altitude:** 12,467 ft (Muktinath Temple)
- **Starts:** Kathmandu
- **Ends:** Kathmandu
- **Bst Time:** Spring & Autumn

The **Muktinath Pilgrimage Tour** is a spiritually enriching 7-day journey to one of Nepal's most sacred pilgrimage sites, **Muktinath Temple (3,800 m)**. Revered by both Hindus and Buddhists, Muktinath is believed to grant salvation and liberation to those who visit its holy temple, 108 sacred water spouts, and eternal flame. This unforgettable pilgrimage combines breathtaking Himalayan scenery with visits to the beautiful lakeside city of Pokhara, the picturesque town of Jomsom, and the stunning Kali Gandaki Valley. Along the way, travelers can experience Nepal's rich culture, peaceful monasteries, traditional villages, and spectacular views of the Annapurna and Dhaulagiri mountain ranges, making it a perfect blend of spirituality, natural beauty, and cultural exploration.

## Tour Highlights

- Visit the sacred **Muktinath Temple**, revered by Hindus and Buddhists.
- Take a scenic mountain flight between Pokhara and Jomsom.
- Experience the breathtaking Kali Gandaki Gorge.
- Enjoy panoramic views of Annapurna, Dhaulagiri, and Nilgiri.
- Explore the beautiful lakeside city of Pokhara.
- Visit Davis Falls, Gupteshwor Cave, and Phewa Lake.
- Discover traditional Thakali villages and local culture.
- Witness the 108 sacred water spouts and eternal flame at Muktinath.

## When To Visit

- **January:** Good
- **February:** Good
- **March:** Best
- **April:** Best
- **May:** Best
- **June:** Average
- **July:** Average
- **August:** Average
- **September:** Best
- **October:** Best
- **November:** Best
- **December:** Average

## Itinerary

### Day 1: Day 1: Arrival in Kathmandu

**Altitude:** 1,400 m / 4,593 ft

**Activity:** Airport Transfer & Leisure

**Transfer Duration:** 30–45 Minutes

**Accommodation:** Hotel

Welcome to Nepal! Upon arrival at Tribhuvan International Airport, our representative will transfer you to your hotel. Spend the remainder of the day at leisure or explore the vibrant streets of Thamel. In the evening, attend a tour briefing and prepare for your pilgrimage journey.

### Day 2: Day 2: Drive from Kathmandu to Pokhara

**Altitude:** 822 m / 2,697 ft

**Drive Duration:** 6–7 Hours

**Accommodation:** Hotel

**Meals:** Breakfast

After breakfast, enjoy a scenic drive along the Prithvi Highway to Pokhara. Pass beautiful rivers, terraced hillsides, and charming villages before arriving at Nepal's most popular lakeside city. Spend the evening relaxing by Phewa Lake.

### Day 3: Day 3: Fly to Jomsom and Drive to Muktinath

**Altitude:** 3,800 m / 12,467 ft

**Flight Duration:** 20–25 Minutes

**Drive Duration:** 1.5–2 Hours

**Accommodation:** Lodge

**Meals:** Breakfast

Take an early morning flight from Pokhara to Jomsom, enjoying spectacular aerial views of the Annapurna and Dhaulagiri ranges. Upon arrival, drive through the scenic Kali Gandaki Valley to the sacred Muktinath Temple. Visit the temple complex, bathe under the 108 holy water spouts, and witness the eternal flame, an important spiritual symbol for both Hindu and Buddhist pilgrims.

## **Day 4: Day 4: Explore Muktinath and Return to Pokhara**

**Altitude:** 822 m / 2,697 ft

**Drive Duration:** 1.5–2 Hours

**Flight Duration:** 20–25 Minutes

**Accommodation:** Hotel

**Meals:** Breakfast

Spend the morning offering prayers and exploring the sacred surroundings of Muktinath before driving back to Jomsom. Board a scenic flight to Pokhara and enjoy a relaxing evening beside Phewa Lake.

## **Day 5: Day 5: Pokhara Sightseeing Tour**

**Maximum Altitude:** 1,600 m / 5,249 ft (Sarangkot)

**Activity Duration:** Full Day

**Accommodation:** Hotel

**Meals:** Breakfast

Witness a beautiful sunrise from Sarangkot before exploring Pokhara's famous attractions, including Davis Falls, Gupteshwor Cave, Bindhyabasini Temple, the International Mountain Museum, the World Peace Pagoda, and a relaxing boat ride on Phewa Lake.

## **Day 6: Day 6: Drive from Pokhara to Kathmandu**

**Altitude:** 1,400 m / 4,593 ft

**Drive Duration:** 6–7 Hours

**Accommodation:** Hotel

**Meals:** Breakfast

After breakfast, return to Kathmandu by scenic drive. Spend your final evening shopping in Thamel or relaxing before your departure.

## **Day 7: Day 7: Final Departure**

**Activity:** Airport Transfer

**Transfer Duration:** 30–45 Minutes

**Meals:** Breakfast

After breakfast, our representative will transfer you to Tribhuvan International Airport for your onward flight. Depart Nepal with cherished memories of your spiritual journey to Muktinath and the breathtaking beauty of the Himalayas.