

Khopra Ridge Circuit Trek -12 Days

Overview

- **Country:** Nepal
- **Trip Grade:** Moderate to Challenging
- **Maximum Altitude:** 4,660 m (Khayer Lake)
- **Starts:** Kathmandu
- **Ends:** Kathmandu
- **Group Size:** Min 2 trekkers
- **Best Time:** Spring (Mar-May) & Autumn (Sep-Nov)

The Khopra Ridge Circuit Trek is a hidden gem in the Annapurna Region, offering breathtaking mountain views without the crowds of popular trekking routes. This trek takes you through traditional villages, dense forests, and scenic ridges with panoramic Himalayan vistas.

One of the main highlights is Khopra Ridge, which provides close-up views of Annapurna South and Dhaulagiri. The trek also includes a visit to Khayer Lake, a sacred alpine lake situated at high altitude.

This trek is perfect for those seeking a mix of adventure, culture, and peaceful trails in the Himalayas.

When To Visit

- **January:** Average
- **February:** Good
- **March:** Best
- **April:** Best
- **May:** Best
- **June:** Good
- **July:** Average
- **August:** Average
- **September:** Best
- **October:** Good
- **November:** Best

- **December:** Average

Itinerary

Day 1: Day 1: Arrival in Kathmandu (1,400 m)

Welcome to Nepal! After arriving, you'll be transferred to your hotel. You can relax or explore the lively streets of Thamel. In the evening, we'll conduct a short briefing and gear check for the trek.

Accommodation: Hotel

Day 2: Day 2: Drive or Fly to Pokhara (825 m)

Today we travel to Pokhara, a beautiful lakeside city. You can enjoy scenic views of rivers, hills, and mountains along the way. After arrival, relax by the lakeside and prepare for the trek.

Accommodation: Hotel | **Meals:** Breakfast

Day 3: Day 3: Drive to Klue & Trek to Ghandruk (2,000 m)

We drive from Pokhara to Klue and begin trekking through villages and terraced fields. The trail offers beautiful views of mountains and local settlements. By evening, we reach Ghandruk, a traditional Gurung village with stunning scenery.

Accommodation: Teahouse | **Meals:** Breakfast, Lunch, Dinner

Day 4: Day 4: Trek to Tadapani (2,630 m)

The trail ascends through dense rhododendron forests with occasional openings for mountain views. It's a peaceful walk with gradual climbs and scenic surroundings. Tadapani offers beautiful views of Annapurna peaks.

Accommodation: Teahouse | **Meals:** Breakfast, Lunch, Dinner

Day 5: Day 5: Trek to Dobato (3,400 m)

Today we move off the main trekking routes into quieter trails. The path climbs steadily through forests and ridges with impressive mountain views. Dobato is a peaceful stop surrounded by nature.

Accommodation: Teahouse | **Meals:** Breakfast, Lunch, Dinner

Day 6: Day 6: Trek via Muldai Viewpoint to Chhistibang (3,020 m)

We start early to visit Muldai Viewpoint for a breathtaking sunrise over the Himalayas. After enjoying panoramic views, we descend through forests toward Chhistibang. The day combines ridge walking and scenic landscapes.

Accommodation: Teahouse | **Meals:** Breakfast, Lunch, Dinner

Day 7: Day 7: Trek to Khopra Ridge (3,660 m)

The trail gradually climbs above the tree line, offering wide open views of the mountains. As we reach Khopra Ridge, the landscape becomes more dramatic and peaceful. The ridge provides stunning close-up views of Annapurna South and Dhaulagiri.

Accommodation: Teahouse | **Meals:** Breakfast, Lunch, Dinner

Day 8: Day 8: Hike to Khayer Lake (4,660 m) & Return

Today is the highlight of the trek as we hike to Khayer Lake. The trail ascends gradually before becoming steeper near the lake. Surrounded by mountains, the sacred lake offers breathtaking views and a spiritual atmosphere.

Accommodation: Teahouse | **Meals:** Breakfast, Lunch, Dinner

Day 9: Day 9: Trek to Paudwar (2,000 m)

We descend through ridges and forests toward Paudwar village. The trail offers changing landscapes from alpine terrain to greener hills. Experience local village life and peaceful surroundings.

Accommodation: Homestay | **Meals:** Breakfast, Lunch, Dinner

Day 10: Day 10: Trek to Tatopani & Drive to Pokhara

A short trek takes us to Tatopani, known for its natural hot springs. You can relax and enjoy a refreshing bath before driving back to Pokhara. Celebrate the completion of your trek by the lakeside.

Accommodation: Hotel | **Meals:** Breakfast, Lunch

Day 11: Day 11: Return to Kathmandu

We travel back to Kathmandu by road or flight. Enjoy the final views of hills and mountains along the way. After arrival, transfer to your hotel and relax.

Accommodation: Hotel | **Meals:** Breakfast

Day 12: Day 12 (Optional Buffer Day): Free Day in Kathmandu

This extra day can be used as a buffer in case of delays or to explore Kathmandu. You can visit cultural sites, shop, or relax before departure.

Accommodation: Hotel | **Meals:** Breakfast

Cost Details

Cost Includes

- Airport transfers
- 2 nights hotel in Kathmandu & Pokhara
- Teahouse / homestay accommodation during trek
- All meals during trekking
- Annapurna Conservation Area Permit (ACAP)
- TIMS Card
- Licensed guide and porter
- Transportation (Kathmandu-Pokhara-Kathmandu)
- First aid kit

Cost Excludes

- International airfare
- Nepal visa fee
- Travel insurance
- Personal expenses
- Hot showers / Wi-Fi charges
- Tips for guide and porter

Trek Essentials

Head & Hands

- Sun hat or cap for daytime protection
- Warm fleece/wool beanie for cold mornings and nights
- Sunglasses with UV protection (important at high altitude)
- Buff or neck gaiter for dust and cold wind
- Lightweight liner gloves
- Warm insulated gloves for higher elevations

Upper Body Clothing

- Moisture-wicking base layer tops
- Light trekking T-shirts
- Fleece jacket or mid-layer
- Waterproof and windproof outer shell jacket
- Down jacket for cold evenings and high-altitude areas



Lower Body Clothing & Footwear

- Comfortable trekking pants (quick-dry and breathable)
- Thermal base layer bottoms for colder regions
- Waterproof shell pants
- Sturdy, well-broken-in trekking boots
- Trekking socks (wool or synthetic, multiple pairs)
- Sandals or camp shoes for evenings
- Gaiters (optional for snow, dust, or mud)



Backpacks & Gear

- Main duffel bag (carried by porter)
- Daypack (30–40 L) with rain cover
- Sleeping bag (-10°C to -15°C recommended)
- Headlamp with extra batteries

- Trekking poles (highly recommended)
- Water bottles or hydration bladder
- Water purification tablets or filter



Personal & Safety Essentials

- Sunscreen (SPF 50+) and lip balm with SPF
- Basic first aid kit (bandages, pain relief, blister care)
- Personal medications
- Reusable water bottle
- Power bank or spare batteries
- Quick-dry towel
- Personal toiletries (toothbrush, biodegradable soap, etc.)



Documents & Permits

- Passport and Nepal visa
- Trekking permits (depending on region: ACAP, MCAP, TIMS, etc.)
- Travel insurance (including high-altitude coverage)
- Emergency contact details